

Torquay Girls' Grammar School Policies

Health Education Policy

This policy is designed to show how the school will deliver Health Education.

Reviewed Autumn 2017 for review Autumn 2020

Rationale

- Health education is an integral part of the education of students in which our school plays an important part if we are to promote and enhance the quality of life through physical, mental and social well being.
- Health education helps to protect students from illness and disease by assisting in the development of healthy life styles.
- Health education is an integral part of the curriculum which is a responsibility to be shared by parent, governors and teachers.

All nine areas of Health Education are taught including substance use and abuse. Details are contained in the Health Education Programme.

Aims

Our programme will seek to:

- educate for life and living
- provide information
- create opportunities for students to express, share and respect attitudes, beliefs and prejudices and to consider the many different kinds of personal relationships
- balance family, peer group, culture, community, legal and media influences
- provide opportunities for students to learn and practise behavioural skills
- foster self worth and awareness together with a sense of moral responsibility

Strategy

The programme will be:

- delivered mainly through the tutorial programme
- covered within other curriculum areas including those stipulated by National guidelines
- use outside agencies in the provision of in-service training and resources including classroom support as appropriate