

WEEK 3



Choose from...

Main

Vegetarian

Combo

2 ...and to fir

Bread and Salad will be available at Lunch Times

MONDAY 1 TI

Thai Green Chicken Curry

to go with

Green Beans, Lime & Coriander Rice

Thai Quorn Curry

to go with

Green Beans, Lime & Coriander Rice

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Syrup Sponge

to go with Custard

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly TUESDAY

Beef Burger

to go with

Coleslaw, Potato Wedges

Falafel & Spinach Burger

to go with

Coleslaw, Potato Wedges

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Fresh Fruit Salad

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly WEDNESDAY

Roast Gammon

to go with

Carrots, Roast Potatoes, Gravy, Braised Leeks & Peas

Quorn Fillet

to go with

Carrots, Gravy, Braised Leeks & Peas

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Raspberry Mousse with a Vanilla Biscuit

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly THURSDAY

Meatballs with Tomato Sauce

to go with

Sweetcorn, Wholemeal Pasta

Macaroni Cheese

to go with

Sweetcorn

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Strawberry Jelly

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Peas

Homemade Pizza

to go with

Baked Beans, Chips, Peas

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Fruit Flapjack

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information