

YEAR 9 PE SPORTS ASSESSMENT CRITERIA

ATHLETICS

ATHLETICS	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of athletics rules, officiating and event-specific techniques. Explains how components of fitness influence performance. Accurately measures and records performances, identifies legal and illegal attempts and confidently analyses performances to recommend specific technical improvements.	Demonstrates outstanding leadership, resilience and determination throughout lessons and competitions. Supports and motivates others, provides high-quality peer feedback and consistently demonstrates respect, responsibility and sportsmanship.	Performs sprinting, middle-distance running, hurdles, jumping and throwing events with consistently refined technique and excellent control. Applies event-specific tactics and technical models confidently to maximise performance and achieve personal bests in competition.
Confident	Demonstrates a secure understanding of athletics rules, measurements and event-specific techniques. Explains how technique, pacing and fitness affect performance and accurately analyses strengths and areas for improvement.	Works positively with others, communicates effectively and demonstrates resilience when challenged. Takes responsibility for officiating, measuring performances and supporting others.	Performs running, jumping and throwing techniques with good consistency and control. Applies appropriate tactics and refined technique to improve competitive performance across events.
Developing	Demonstrates a sound understanding of athletics rules, measurements and techniques. Can identify technical strengths and weaknesses and suggest appropriate improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for officials, competitors and equipment and contributes to officiating tasks.	Performs event-specific techniques with developing consistency. Applies appropriate running, jumping and throwing techniques during practice and competition with increasing confidence.
Emerging	Demonstrates limited understanding of athletics rules, measurements and event techniques. Requires support to officiate events, identify legal performances and explain how technique influences performance.	Requires encouragement to participate positively, demonstrate resilience and contribute to officiating and team responsibilities.	Attempts event-specific techniques but requires support to perform them consistently, safely and effectively during competitive situations.

BADMINTON

BADMINTON	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of badminton rules, scoring, officiating and tactical principles. Explains when to use attacking and defensive shots, adapts tactics to exploit opponents' weaknesses and confidently analyses performances using accurate badminton terminology.	Demonstrates outstanding leadership, resilience and communication throughout lessons and matches. Supports and coaches others effectively, officiates confidently and consistently demonstrates respect, responsibility and sportsmanship	Performs serves, clears, drops, smashes, net shots and backhands with consistently refined technique and excellent control. Uses disguise, movement, recovery and tactical shot selection to construct rallies and outwit opponents in singles and doubles play.
Confident	Demonstrates a secure understanding of badminton rules, scoring and tactical principles. Explains appropriate shot selection, court positioning and attacking strategies, and accurately identifies strengths and areas for improvement.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating and supporting others.	Performs a wide range of badminton shots with good consistency and control. Applies effective movement, recovery and tactical decision making to maintain rallies and create attacking opportunities.
Developing	Demonstrates a sound understanding of badminton rules and tactical principles. Can identify appropriate shot choices and suggest simple improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for opponents, officials and teammates.	Performs serves, clears, drops and smashes with developing consistency. Begins to apply tactical shot selection and improve court positioning during rallies.
Emerging	Demonstrates limited understanding of badminton rules, scoring and tactical principles. Requires support to identify appropriate shot choices and explain how to improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to lessons and games.	Attempts core badminton skills but requires support to perform them consistently and apply them effectively during competitive situations.

BASKETBALL	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong			
Confident			
Developing			
Emerging			

CRICKET

CRICKET	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of cricket rules, tactics and field placements. Explains when to rotate the strike, attack or defend, adapts bowling and fielding strategies to different batters, confidently analyses performances and recommends specific tactical improvements using appropriate cricket terminology.	Demonstrates outstanding leadership, resilience and communication throughout lessons and matches. Organises teammates effectively, captains and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs batting, bowling and fielding skills with consistently refined technique and excellent control. Selects appropriate shots, varies bowling line, length and pace, positions effectively in the field and applies tactical decisions confidently to influence the outcome of competitive games.
Confident	Demonstrates a secure understanding of cricket rules, tactics and field placements. Explains appropriate batting, bowling and fielding decisions, identifies strengths and weaknesses in performance and confidently applies tactical changes during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, scoring and supporting teammates.	Performs a wide range of cricket skills with good consistency and control. Applies effective shot selection, bowling variations and tactical fielding to maintain pressure and create scoring opportunities.
Developing	Demonstrates a sound understanding of cricket rules and tactical principles. Can identify appropriate field placements, batting options and bowling strategies with support and suggest simple improvements.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs batting, bowling and fielding skills with developing consistency. Begins to adapt techniques and tactical decisions according to the game situation.
Emerging	Demonstrates limited understanding of cricket rules, tactics and field placements. Requires support to identify appropriate decisions and explain how to improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to team performance.	Attempts core cricket skills but requires support to perform them consistently and apply them effectively during competitive situations.

DANCE

DANCE	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of choreographic devices, dance terminology and performance principles. Explains how formations, dynamics, musicality, relationships and artistic intention enhance performance. Confidently evaluates performances using technical vocabulary and video analysis to suggest specific improvements.	Demonstrates outstanding leadership, creativity and resilience throughout rehearsals and performances. Supports and motivates others, communicates effectively and consistently demonstrates respect, responsibility and commitment.	Performs advanced choreography with excellent precision, control and expression. Creates and refines fluent sequences using formations, canon, unison, dynamics, partner work and musicality to produce an engaging and technically accomplished performance.
Confident	Demonstrates a secure understanding of choreographic devices and compositional principles. Explains how timing, dynamics, formations and relationships improve performance and accurately identifies strengths and areas for development.	Works positively with others, communicates effectively and demonstrates resilience when refining choreography. Takes responsibility within rehearsals and contributes confidently to group performances.	Performs a range of dance movements with good control, fluency and expression. Applies choreographic devices effectively to produce well-structured and engaging group performances.
Developing	Demonstrates a sound understanding of dance terminology and compositional ideas. Can identify strengths and weaknesses in choreography and suggest simple improvements with support.	Participates positively, works cooperatively and demonstrates resilience when developing routines. Usually contributes ideas and responds positively to feedback.	Performs movement sequences with developing control, timing and expression. Begins to apply choreographic devices and group formations effectively within performances.
Emerging	Demonstrates limited understanding of dance terminology and choreographic principles. Requires support to evaluate performances and explain how choreography can be improved.	Requires encouragement to communicate positively, contribute to rehearsals and demonstrate resilience throughout the creative process.	Attempts movement sequences but requires support to perform with consistent timing, control, expression and coordination within group performances.

FOOTBALL

FOOTBALL	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of football rules, tactical principles and positional play. Explains when to press, delay, switch play, create overloads or retain possession. Analyses performances using football terminology and confidently adapts tactics to exploit opponents' strengths and weaknesses.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, coaches and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs passing, receiving, first touch, dribbling, finishing and defending with consistently refined technique under pressure. Uses scanning, movement, combination play and tactical awareness to influence games, create scoring opportunities and maintain possession.
Confident	Demonstrates a secure understanding of football tactics and positional responsibilities. Explains appropriate attacking and defensive decisions, identifies strengths and weaknesses in performance and confidently adapts tactics during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, supporting teammates and contributing to team organisation.	Performs a wide range of football skills with good consistency and control. Applies effective movement, first touch, passing combinations and defensive positioning to contribute positively during competitive games.
Developing	Demonstrates a sound understanding of football rules and tactical principles. Can identify appropriate attacking and defensive decisions and suggest simple tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs passing, receiving, dribbling, finishing and defending with developing consistency. Begins to adapt decisions and movement according to the game situation.
Emerging	Demonstrates limited understanding of football rules, tactics and positional play. Requires support to identify appropriate decisions and explain how tactical changes improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to team performance.	Attempts core football skills but requires support to perform them consistently and apply them effectively during competitive situations.

GYMNASTICS

GYMNASTICS	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of gymnastics terminology, compositional principles and performance theory. Explains how body tension, centre of mass, rotation, momentum and extension influence performance. Analyses routines using technical vocabulary and confidently provides specific coaching points to improve performance.	Demonstrates outstanding leadership, resilience and confidence throughout lessons. Supports and coaches others effectively, manages apparatus safely and consistently demonstrates responsibility, commitment and sportsmanship.	Performs advanced gymnastics skills with consistently refined technique, precision and control. Links movements fluently into creative routines, demonstrating excellent body tension, extension, aesthetics and confident use of apparatus throughout the performance.
Confident	Demonstrates a secure understanding of gymnastics principles, terminology and composition. Explains how technique influences performance, identifies strengths and weaknesses and confidently evaluates routines using appropriate vocabulary.	Works positively with others, communicates effectively and demonstrates resilience when refining routines. Takes responsibility for safety, equipment and supporting peers.	Performs a wide range of gymnastics skills with good control, fluency and presentation. Applies effective body tension, balance and linking movements to produce technically secure routines using apparatus confidently.
Developing	Demonstrates a sound understanding of gymnastics terminology and compositional ideas. Can identify strengths and areas for improvement and suggest simple technical corrections with support.	Participates positively, demonstrates resilience and works cooperatively with others. Usually follows safety procedures and contributes positively during lessons.	Performs gymnastics skills with developing control and consistency. Begins to link movements smoothly, showing increasing confidence, body tension and presentation within routines.
Emerging	Demonstrates limited understanding of gymnastics terminology and performance principles. Requires support to evaluate routines and explain how technique influences performance.	Requires encouragement to participate positively, demonstrate resilience and take responsibility for safety and teamwork.	Attempts gymnastics skills but requires support to perform them consistently, safely and with appropriate control, fluency and presentation.

HOCKEY

HOCKEY	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of hockey rules, tactical principles and team strategies. Explains when to change formations, create and implement set plays, apply short and long corner routines, and adapt attacking and defensive tactics to exploit opponents' strengths and weaknesses. Analyses performances confidently using accurate hockey terminology.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, coaches and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs passing, receiving, dribbling, reverse stick skills, tackling and shooting with consistently refined technique under pressure. Applies advanced attacking and defensive tactics, creates scoring opportunities through effective movement and executes set plays confidently during competitive games.
Confident	Demonstrates a secure understanding of hockey tactics, formations and positional responsibilities. Explains appropriate attacking and defensive decisions, understands set plays and identifies strengths and weaknesses in team performance.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, organising teammates and contributing to tactical discussions.	Performs a wide range of hockey skills with good consistency and control. Applies effective movement, passing combinations, tackling and shooting while adapting tactics to different game situations.
Developing	Demonstrates a sound understanding of hockey rules and tactical principles. Can identify appropriate attacking and defensive decisions, recognise basic formations and suggest simple tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs passing, receiving, dribbling, tackling and shooting with developing consistency. Begins to adapt movement and tactical decisions according to the game situation.
Emerging	Demonstrates limited understanding of hockey rules, tactics and team organisation. Requires support to identify appropriate decisions and	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to team performance.	Attempts core hockey skills but requires support to perform them consistently and apply them effectively during competitive situations.

	explain how tactical changes improve performance.		
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NETBALL

NETBALL	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of netball rules, positional responsibilities and tactical principles. Explains when to adapt attacking and defensive strategies, create centre pass routines, exploit space and respond to different opponents. Analyses performances confidently using accurate netball terminology and recommends specific tactical improvements.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, coaches and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs passing, receiving, dodging, shooting, intercepting and defensive footwork with consistently refined technique under pressure. Applies advanced attacking patterns, centre pass routines, positional play and tactical decision making to create scoring opportunities and successfully outwit opponents.
Confident	Demonstrates a secure understanding of netball tactics, positional roles and game strategies. Explains appropriate attacking and defensive decisions, identifies strengths and weaknesses in team performance and confidently adapts tactics during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, organising teammates and contributing to tactical discussions.	Performs a wide range of netball skills with good consistency and control. Applies effective movement, passing combinations, defensive positioning and shooting techniques while adapting tactics to different game situations.
Developing	Demonstrates a sound understanding of netball rules and tactical principles. Can identify appropriate attacking and defensive decisions, recognise simple attacking patterns and suggest tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs passing, receiving, dodging, shooting and defending with developing consistency. Begins to adapt movement, timing and decision making according to the game situation.
Emerging	Demonstrates limited understanding of netball rules, positional	Requires encouragement to communicate positively, demonstrate	Attempts core netball skills but requires support to perform them

	responsibilities and tactical principles. Requires support to identify appropriate decisions and explain how tactical changes improve performance.	resilience and contribute effectively to team performance.	consistently and apply them effectively during competitive situations.
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ROUNDERS

ROUNDERS	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of rounders rules, tactics and field placements. Explains when to vary batting, bowling and fielding strategies, adapts tactics to exploit opponents' strengths and weaknesses, and confidently analyses performances using accurate rounders terminology to suggest specific improvements.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, umpires and scores confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs batting, bowling, throwing and catching with consistently refined technique and excellent control. Places shots intelligently, varies bowling effectively, communicates confidently in the field and applies tactical decisions to influence the outcome of competitive games.
Confident	Demonstrates a secure understanding of rounders tactics, rules and positional responsibilities. Explains appropriate batting, bowling and fielding decisions, identifies strengths and weaknesses in team performance and confidently adapts tactics during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for umpiring, scoring and organising teammates.	Performs a wide range of rounders skills with good consistency and control. Applies effective shot placement, accurate bowling and tactical fielding while adapting decisions to different game situations.
Developing	Demonstrates a sound understanding of rounders rules and tactical principles. Can identify appropriate batting and fielding decisions, recognise effective field placements and suggest tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs batting, bowling, throwing and catching with developing consistency. Begins to adapt skill selection and tactical decisions according to the game situation.
Emerging	Demonstrates limited understanding of rounders rules, tactics and field	Requires encouragement to communicate positively, demonstrate	Attempts core rounders skills but requires support to perform them

	organisation. Requires support to identify appropriate decisions and explain how tactical changes improve performance.	resilience and contribute effectively to team performance.	consistently and apply them effectively during competitive situations.
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RUGBY

RUGBY	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of T1 Rugby rules, tactical principles and game management. Explains when to pass, run or kick, applies width, depth and support effectively, understands roll balls, offside, retreating 7m and restart rules, and confidently analyses performances to recommend tactical improvements.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, coaches and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs passing, receiving, roll balls, evasion and tactical kicking with consistently refined technique under pressure. Applies support lines, attacking shape, quick restarts and effective defensive organisation to outwit opponents and influence competitive games.
Confident	Demonstrates a secure understanding of T1 Rugby tactics, attacking shape and defensive organisation. Explains appropriate decisions when passing, running or kicking, identifies strengths and weaknesses in team performance and confidently adapts tactics during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, organising teammates and contributing to tactical discussions.	Performs a wide range of T1 Rugby skills with good consistency and control. Applies effective support play, tactical kicking, defensive line speed and decision making to maintain possession and create attacking opportunities.
Developing	Demonstrates a sound understanding of T1 Rugby rules and tactical principles. Can identify appropriate attacking and defensive decisions, recognise when kicking may be effective and suggest simple tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs passing, receiving, support play, evasion and basic tactical kicking with developing consistency. Begins to adapt attacking decisions according to the game situation.

Emerging	Demonstrates limited understanding of T1 Rugby rules and tactical principles. Requires support to identify appropriate attacking and defensive decisions and explain how tactical changes improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to team performance.	Attempts core T1 Rugby skills but requires support to perform them consistently and apply them effectively during competitive situations.
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TENNIS

TENNIS	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of tennis rules, tactical principles and court positioning. Explains when to vary pace, spin and shot selection, adapts tactics to exploit opponents' weaknesses and confidently analyses performances using accurate tennis terminology.	Demonstrates outstanding leadership, resilience and communication throughout lessons and matches. Coaches and officiates confidently, supports others and consistently demonstrates respect, responsibility and sportsmanship.	Performs serves, groundstrokes, volleys and overhead shots with consistently refined technique under pressure. Applies tactical shot selection, court positioning and movement to control rallies and outwit opponents in singles and doubles play.
Confident	Demonstrates a secure understanding of tennis tactics and court positioning. Explains appropriate shot selection, identifies strengths and weaknesses in performance and confidently adapts tactics during matches.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating and supporting teammates.	Performs a wide range of tennis skills with good consistency and control. Applies effective movement, serving and tactical shot selection during competitive games.
Developing	Demonstrates a sound understanding of tennis rules and tactical principles. Can identify appropriate shot choices and suggest tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for partners, opponents and officials.	Performs serves, groundstrokes and volleys with developing consistency. Begins to adapt shot selection and court positioning according to the game situation.

Emerging	Demonstrates limited understanding of tennis rules and tactical principles. Requires support to identify appropriate decisions and explain how tactics improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively during lessons and matches.	Attempts core tennis skills but requires support to perform them consistently and apply them effectively during competitive situations.
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VOLLEYBALL

VOLLEYBALL	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong	Demonstrates a comprehensive understanding of volleyball rules, rotations and tactical principles. Explains attacking and defensive systems, identifies when to set, spike, tip or block, adapts tactics to exploit opponents' weaknesses and confidently analyses performances using accurate volleyball terminology.	Demonstrates outstanding leadership, resilience and communication throughout lessons and games. Organises teammates effectively, coaches and officiates confidently, and consistently demonstrates respect, responsibility and sportsmanship.	Performs serves, digs, sets, spikes and blocks with consistently refined technique under pressure. Builds attacks using three contacts, applies effective court positioning and rotations, and makes tactical decisions to influence competitive games.
Confident	Demonstrates a secure understanding of volleyball tactics, rotations and team systems. Explains appropriate attacking and defensive decisions, identifies strengths and weaknesses in team performance and confidently adapts tactics during games.	Works positively with others, communicates effectively and demonstrates resilience during competitive play. Takes responsibility for officiating, organising teammates and supporting others.	Performs a wide range of volleyball skills with good consistency and control. Applies effective movement, court positioning and attacking combinations to contribute positively during competitive games.
Developing	Demonstrates a sound understanding of volleyball rules and tactical principles. Can identify appropriate attacking and defensive decisions and suggest tactical improvements with support.	Participates positively, demonstrates resilience and works cooperatively with others. Shows respect for teammates, opponents and officials and contributes positively to team performance.	Performs serves, digs, sets and spikes with developing consistency. Begins to adapt movement and tactical decisions according to the game situation and contributes to building three-contact attacks.

Emerging	Demonstrates limited understanding of volleyball rules, rotations and tactical principles. Requires support to identify appropriate decisions and explain how tactics improve performance.	Requires encouragement to communicate positively, demonstrate resilience and contribute effectively to team performance.	Attempts core volleyball skills but requires support to perform them consistently and apply them effectively during competitive situations.
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TRAMPOLINE

	HEAD – Cognitive skills	HEART – Emotional/ social skills	HANDS - Practical skills
Strong			
Confident			
Developing			
Emerging			