

	R
AUDE SA	PERE

TGGS Catering

YOUR CHOICE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Croque Monsieur	Chef Bea's Chicken Curry (H*)	Roast Chicken & Gravy (H*)	Beef Teriyaki	Atlantic Salmon, Parsley & Dill Sauce
VEGETARIAN	Croque Madame	Cauliflower, Courgette & Butternut Squash Curry	Homemade Veggie Roast	Mixed Oriental Stir-Fry	Vegetarian Patty
CARB/STARCH	Curly Fries	Basmati Rice & Naan Bread	Roast Potatoes & Yorkshire Pudding	Noodles	Roasted New Potatoes
TWO OF YOUR 5-A-DAY	Greek Salad	Sweetcorn/Peas	Cauliflower Cheese Swede & Carrot Mash	Stir-Fry Vegetables	Roasted Mixed Vegetables
LE CHOIX DU CHEF (CHEF'S CHOICE)	Carrot & Coriander Soup, Petit Pain & Butter	Foccacia with Houmous, veg oil & garlic Mayonnaise	Vegan Quorn dippers, Tortilla Chips, Guacamole & Sour Cream	Mac 'n' Cheese Parcel with Tomato & Basil Salad	Cheese & Ham filled Croissant with Seasonal Salad
JACKET POTATO OF THE DAY	Baked Beans & Cheese	Chicken (H*) & Sweetcorn Mayo with Salad	Cheese & Coleslaw with Mixed Salad	Vegan Plant-based Salad	with Baked Beans, Cheese and Mixed Salad
DESERT OR PUDDING	Gingerbread Biscuit	Chocolate Tartlet	Eton Mess Pot	Sticky Toffee Pudding	Chef Bea's Treat of the Day!
MORE OF YOUR 5-A-DAY	Jelly, Fruit Pots or Yoghurt	Orange or Strawberry Jelly Pot or Yoghurt	Greek Yoghurt & Crunchy top-pot Fruit Pot	Thick & Creamy Yoghurt, Fruit Pot/ Jelly Pot	Chef Bea's Selection of the Day

FOOD ALLERGIES & INTOLERANCE Chef Bea and the team are aiming to serve high quality, well-balanced and tasty meals to everyone. If you have a food allergy or intolerance, you must inform a member of the kitchen staff so that we can help you make a safe food choice. Thank you.

* All chicken served in the school kitchen is Halal



Don't Forget to look at our takeaway dessert pots!



